

## Box of Good Deeds

<p>#1 Removing Something Harmful from the Street.</p> <p>Abu Barza reported: I said, "O Prophet of Allah, teach me something that will benefit me." The Prophet, peace and blessings be upon him, said, "Remove harmful things from the roads of the Muslims."</p> <p>[Source: Sahih Muslim 2618]</p>	<p>#2 Use a Miswak to Clean Your Teeth</p> <p>"The Messenger of Allah (peace and blessings of Allah be upon him) said, 'Siwaak cleanses the mouth and pleases the Lord.'"</p> <p>[Sahih Bukhari]</p>
<p>#3 Give Someone a Gift</p> <p>Abu Huraira reported: The Prophet, peace and blessings be upon him, said, "Give each other gifts and you will love each other."</p> <p>[Source: al-Adab al-Mufrad 594]</p>	<p>#4 Smiling at One Another</p> <p>The Prophet (peace and blessings be upon him) said:</p> <p>'Every good deed is charity. Verily, it is a good deed to meet your brother with a smiling face, and to pour what is left from your bucket into the vessel of your brother.'</p> <p>[Source: Sunan At-Tirmidhi 1970]</p>
<p>#5 Make Dua Between Adhan and Iqama</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said:</p> <p>"A supplication between the adhan and the 'iqama is not rejected."</p> <p>[Abu Dawud and at-Tirmidhi]</p>	<p>#6 Say Something Kind to Someone</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"A kind word is charity."</p> <p>[Related by Al-Bukhari and Muslim]</p>
<p>#7 Let Food Cool Before Eating</p> <p>The Messenger of Allah (peace and blessing be upon him) said:</p> <p>"Allow your food to cool a bit, for hot food lacks blessing."</p> <p>[Related by Ad-Daylami]</p>	<p>#8 Say Salam to as Many People as You Can</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"You shall not enter Paradise so long as you do not affirm belief and you will not believe as long as you do not love one another. Should I not direct you to a thing which, if you do, will foster love amongst you: (i. e.) give currency to (the practice of paying salutation to one another by saying) as-salamu alaikum."</p> <p>[Sahih Mulsim]</p>
<p>#9 Teach Someone Something Good / Useful</p> <p>The Messenger of God (peace and blessings be upon him) said:</p> <p>"Indeed, Allah, the angels, the denizens of the heavens and the earth, the ants in their burrows, and the fish in the sea pray for blessings to come upon those who teach good to people."</p> <p>[Related by At-Tirmidhi]</p>	<p>#10 Give Charity on Behalf of a Deceased Loved One</p> <p>A woman said: "Apostle of Allah, my mother suddenly died; if it had not happened, she would have given sadaqah (charity) and donated (something). Will it suffice if I give sadaqah on her behalf?" The Prophet (may Allah bless him and grant him peace) said: "Yes, give sadaqah on her behalf."</p> <p>[Abu Dawud]</p>

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<p>#11 Recite a Portion of Qur'an</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Recite the Qur'an. It will appear on the Day of Rising as an intercessor for its people."</p> <p>[Muslim]</p>	<p>#12 Send Abundant Blessings Upon the Prophet (peace and blessings be upon him)</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said:</p> <p>"No-one greets me except that Allah returns my soul to me, so that I may return his greeting."</p> <p>[Abu Dawud]</p>
<p>#13 Recite Surah Ikhlas, Falaq and Nas</p> <p>'Abdullah ibn Khubayb said:</p> <p>"The Messenger of Allah, may Allah bless him and grant him peace, said to me, 'Recite, "Say: He is God, One," and the Suras of seeking refuge in the evening and the morning three times, it will be enough to protect you in respect of everything.'"</p> <p>[Abu Dawud and at-Tirmidhi]</p>	<p>#14 Pray Somewhere That You Haven't Prayed Before</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said:</p> <p>"Your Lord delights at a shepherd who, on the peak of a mountain crag, gives the call to prayer and prays. Then Allah (glorified and exalted be He) will say: 'Look at this servant of Mine, he gives the call to prayer and performs the prayers; he is in awe of Me. I have forgiven My servant [his sins] and have admitted him to Paradise.'"</p> <p>[An-Nasa'i]</p>
<p>#15 Learn Something New - Increase in Beneficial Knowledge</p> <p>'Say: 'Can those who have knowledge and those who do not be alike?' So only the wise do receive the admonition.'</p> <p>[Qur'an 39:9]</p>	<p>#16 Recite Ayatul-Kursi After Every Fard Salah</p> <p>The Prophet (May Allah bless him and grant him peace) said:</p> <p>"Whoever reads "Ayatul-Kursi" [Qur'an 2:255], after every obligatory prayer, nothing prevents him from entering Paradise except death (i.e. that he is still alive)."</p> <p>[An-Nasa'i, Ibn Hibbaan]</p>
<p>#17 Offer a Prayer in Congregation</p> <p>The Messenger of Allah (peace and blessings be upon him) said:</p> <p>"Offering the prayer in congregation carries 27 times greater reward than offering it alone individually."</p> <p>[Bukhari, Muslim]</p>	<p>#18 Offer All of Your Sunnah Prayers</p> <p>The Prophet (May peace and blessings be upon him) said:</p> <p>"Allah will build a house in Heaven for whoever is diligent in observing 12 Sunnah Rak'at (as follows): 4 Rak'at before and 2 after the Dhuhr (Midday) Prayer, 2 after the Maghrib (Sunset Prayer), 2 after the 'Isha' (Evening) Prayer and 2 before the Fajr (Dawn) Prayer."</p> <p>[Hadith Sahih narrated by at-Tirmidhi No. 379]</p>

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<p>#19 Do Something to Help an Orphan</p> <p>The Prophet, peace and blessings be upon him, said:</p> <p>"The one who cares for an orphan and myself will be together in Paradise like this," and he held his two fingers together to illustrate.</p> <p>[Sahih Bukhari 5659]</p>	<p>#20 Contribute Towards Building a Masjid</p> <p>The Messenger of Allah (peace and blessings be upon him) said:</p> <p>'Whoever builds a Masjid seeking by it the Pleasure of Allah, Allah will build for him a similar place in Jannah.'</p> <p>[Bukhari]</p>
<p>#21 Forgive Someone for a Wrong They Had Done</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"The deeds of people would be presented every week on two days, viz. Monday and Thursday, and every believing servant would be granted pardon except the one in whose (heart) there is rancour against his brother and it would he said: Leave them and put them off until they are turned to reconciliation."</p> <p>[Sahih Muslim]</p>	<p>#22 Make a Sincere Tawbah to Allah</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Allah is more pleased with the repentance of His servant when he turns penitently towards Him than one of you would be on finding the lost camel."</p> <p>[Sahih Muslim]</p>
<p>#23 Make Some Extra Wudu</p> <p>The Messenger of God (peace and blessings be upon him) said:</p> <p>"The believing slave does wudu and as he rinses his mouth the wrong actions leave it. As he cleans his nose the wrong actions leave it. As he washes his face, the wrong actions leave it, even from underneath his eyelashes. As he washes his hands the wrong actions leave them, even from underneath his fingernails. As he wipes his head the wrong actions leave it, even from his ears. And as he washes his feet the wrong actions leave them, even from underneath the toenails of both his feet." He added, "Then his walking to the mosque and his prayer are an extra reward for him."</p> <p>[The Muwatta of Imam Malik]</p>	<p># 24 Make a Wish from Allah and Be Firm in Your Asking</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said:</p> <p>"When one of you makes a supplication, he should not say, 'If you wish.' He should be firm in asking and he should have great hope. Allah does not think that anything that He gives is too great."</p> <p>[Bukhari – Adab Al-Mufrad]</p>
<p>#25 Spend Something on Your Family</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said:</p> <p>"Out of a dinar which you spend in the way of Allah and a dinar which you spend on freeing a slave and a dinar which you give to a poor person and a dinar which you spend on your family, the one with the greatest reward is the one which you spend on your family."</p> <p>[Related by Muslim – Taken from Riyad As-Salihin]</p>	<p>#26 Do Something Nice for a Young Person or an Elderly Person</p> <p>The Prophet (peace and blessings be upon him) said,</p> <p>"He is not of us who does not have mercy on young children, nor honor the elderly"</p> <p>[Al-Tirmidhi]</p>

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<p>#27 Embrace a Fellow Brother / Sister</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"When a Muslim embraces his brother, their sins fall off them just as the leaves of a tree fall off."</p> <p>[At-Tabarani]</p>	<p>#28 Pray 2 Rak'ah Tahiyatul Masjid</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Whenever one of you enters the mosque, he should pray two rak'ats before sitting down."</p> <p>[Sahih Al Bukhari]</p>
<p>#29 Recite the Following Adhkar 100 Times</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Anyone who says, 'There is no god but Allah alone with no partner. His is the kingdom and His is the praise, and He has power over everything' a hundred times a day, has the same reward as if he had freed ten slaves, and a hundred good deeds are written for him and a hundred bad deeds are effaced from him and he has protection from Shaytan on that day until evening. No one will do anything better than he does except a man who does it more than he did." He said, "Anyone who says, 'Glory be to Allah and by His praise' a hundred times a day will have his sins fall away, even if they are like the froth of the sea."</p> <p>[Agreed upon – Riyadh As Salihin]</p>	<p>#30 Recite a Portion of Surah Al-Baqarah at Home</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Do not make your houses as graveyards. Satan runs away from the house in which Surah Baqara is recited."</p> <p>[Sahih Muslim]</p>
<p>#31 Help Someone in Need</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said:</p> <p>"Allah will relieve anyone who relieves a believer of one of the afflictions of this world, of one of the afflictions of the Day of Rising. Allah will give ease in this world and the Next to anyone who eases the hardship of another. Allah will veil anyone who veils another Muslim in this world and the Next. Allah will help His slave as long as His slave is helping his brother."</p> <p>[Muslim]</p>	<p>#32 Pray a Nafil Prayer at Home</p> <p>The Messenger of God (peace and blessing be upon him) said:</p> <p>"Offer some of your prayers (Nawafil) at home, and do not take your houses as graves."</p> <p>[Sahih Al Bukhari]</p>

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<p>#33 Spend the Day without Lying or Arguing with Anyone</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>'I guarantee a house in the surroundings of Paradise for a man who avoids quarreling even if he were in the right, a house in the middle of Paradise for a man who avoids lying even if he were joking, and a house in the upper part of Paradise for a man who made his character good.'</p> <p>[Abu Dawud]</p>	<p>#34 Make Du'a for Someone that has Done You a Favour</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Anyone who seeks refuge in Allah will find refuge with Him. Anyone who asks from Allah will receive. Anyone who does a favour should repay it. If you do not find anything, then make supplication for the doer of the favour so that he knows that you have repaid him."</p> <p>[Bukhari –Adab Al-Mufrad]</p>
<p>#35 Do Something Pleasing for Your Parents</p> <p>Ibn 'Abbas (RA) said,</p> <p>"If any Muslim obeys Allah regarding his parents, Allah will open two gates of the Garden for him. If there is only one parent, then one gate will be opened. If one of them is angry, then Allah will not be pleased with him until that parent is pleased with him." He was asked, "Even if they wrong him?" "Even if they wrong him" he replied.</p> <p>[Bukhari – Adab Al-Mufrad]</p>	<p>#36 Find and Attend a Circle of Knowledge</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Allah will make the path to the Garden easy for anyone who travels a path in search of knowledge."</p> <p>[Muslim]</p>
<p>#37 Find a Sick Person and Seek Their Du'a</p> <p>The Messenger of Allah (peace and blessings be upon him) said:</p> <p>'Visit the sick and ask them to supplicate for you because the supplication of a sick person is accepted and his sins are forgiven.'</p> <p>[At-Tabarani]</p>	<p>#38 Ask for Paradise and Seek Refuge from Hell-Fire</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>'He who asks Allah for Paradise three times, Paradise says: "O Allah! Admit him into Paradise." He who seeks refuge from the Hell-Fire three times, the Hell-Fire says: "O Allah! Give him refuge from the Hell-Fire."'</p> <p>[Al-Tirmidhi]</p>
<p>#39 Recite Surah Ikhlas 3 Times for Reward of Reciting the Whole Qur'an</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"By Him in Whose Hand my soul is, it is equivalent to one-third of the Qur'an."</p> <p>[Sahih Al-Bukhari]</p>	<p>#40 Plant a Tree in Jannah</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Whoever says Glory be to Allah, The Supreme, and Praise Him (SubhanAllahi 'l-'adheem wa biHamdihi), a palm tree will be planted for him in Paradise."</p> <p>[al-Tirmidhi]</p>

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<p>#41 Repeat the Adhan After the Muaddhin</p> <p>An-Nasr bin Sufyan narrated that he heard Abu Hurairah say:</p> <p>"We were with the Messenger of Allah (ﷺ) and Bilal stood up and gave the call. When he fell silent the Messenger of Allah (ﷺ) said: 'Whoever says the same as this (what the Mu'adhdhin) with certainty, he will enter Paradise.'"</p> <p>[Sunan An-Nasa'i]</p>	<p>#42 Pray 2 Rak'ah Tahiyatul Wudu</p> <p>Uqbah. B Amir al-Juhani reported the Messenger of Allah (ﷺ) as saying:</p> <p>'Any one performs ablution and performs the ablution perfectly and then offers two rak'ahs of prayers concentrating on them with his heart and face but paradise will necessarily fall to his lot.'</p> <p>[Abu Dawud]</p>
<p>#43 Visit a Masjid</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Whosoever goes to the Masjid and returns back from it, purely for the sake of Allah, Allah the Almighty will prepare an abode in Jannah for every time he goes and comes back."</p> <p>[Muslim]</p>	<p>#44 Help with Chores Around the House</p> <p>Aisha, the wife of the Prophet Muhammad (pbuh), was asked, "What did the Prophet (ﷺ) use to do in his house?" She replied,</p> <p>"He used to keep himself busy serving his family and when it was the time for prayer he would go for it."</p> <p>[Bukhari]</p>
<p>#45 Carry Out an Act of Da'wah</p> <p>'And who is better in speech than one who invites to Allah and does righteousness and says, "Indeed, I am of the Muslims.'"</p> <p>[Qur'an 41:33]</p>	<p>#46 Visit a Cemetery</p> <p>The Prophet (peace and blessings of Allah be upon him) said:</p> <p>"Visit the graves, for they remind you of the Hereafter."</p> <p>[Narrated by Muslim, 976]</p>
<p>#47 Memorise One of the 99 Names of Allah that You Didn't Know Before</p> <p>Narrated Abu Huraira: Prophet Muhammad (peace and blessings be upon him) said,</p> <p>"Allah has ninety-nine names, i.e. one-hundred minus one, and whoever knows them will go to Paradise."</p> <p>[Sahih Al-Bukhari – Book 50 Hadith 894]</p>	<p>#48 Teach Someone Something of the Qur'an</p> <p>The Prophet (peace and blessings of Allah be upon him) said,</p> <p>"The best among you (Muslims) are those who learn the Qur'an and teach it."</p> <p>[Bukhari]</p>
<p>#49 Give Something as Sadaqah (Charity)</p> <p>'Those who spend their wealth night and day, secretly and openly,- they have their reward with their Lord, and there is no fear for them, nor shall they grieve.'</p> <p>[Qur'an 2:274]</p>	<p>#50 Spread Salam, Feed a Poor Person and Pray Tahajjud</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>'O people, spread peace, feed the hungry, and pray at night when people are sleeping and you will enter Paradise in peace.'</p> <p>[Sunan Ibn Majah 1334]</p>

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<p>#51 Recite Ayatul-Kursi Before Sleeping</p> <p>It is related that Abu Hurayra said,</p> <p>"The Messenger of God (Allah bless him and give him peace) put me in charge of guarding the alms (zakat) of Ramadan. Someone came to me and began to take handfuls of food. I grabbed him and said, 'By Allah, I will take you to the Messenger of God!' – and he mentioned the narration – "He said, 'When you go to bed, recite the Throne verse (ayat al-kursi), and you will have someone guarding over you from Allah and Satan will not come near you until morning.' The Prophet, may Allah bless him and grant him peace, said, 'He told you the truth even though he is a liar. That was Satan.'"</p> <p>[Bukhari]</p>	<p>#52 Recite Subhan Allah, Alhamdu Lillah and Allahu Akbar Before Going to Sleep</p> <p>Narrated 'Ali:</p> <p>Fatima complained of what she suffered from the hand mill and from grinding, when she got the news that some slave girls of the booty had been brought to Allah's Apostle. She went to him to ask for a maid-servant, but she could not find him, and told 'Aisha of her need. When the Prophet came, Aisha informed him of that. The Prophet came to our house when we had gone to our beds. (On seeing the Prophet) we were going to get up, but he said, 'Keep at your places,' I felt the coolness of the Prophet's feet on my chest. Then he said, "Shall I tell you a thing which is better than what you asked me for? When you go to your beds, say: 'Allahu Akbar (i.e. Allah is Greater)' for 34 times, and 'Alhamdu Lillah (i.e. all the praises are for Allah)' for 33 times, and Subhan Allah (i.e. Glorified be Allah) for 33 times. This is better for you than what you have requested."</p> <p>[Bukhari]</p>
<p>#53 Avoid distractions and that which does not concern you</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Part of someone's being a good Muslim is his leaving alone that which does not concern him."</p> <p>[Related by Tirmidhi]</p>	<p>#54 Initiate a Good Action in Your Life</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"He who inaugurates a good sunna in Islam earns the reward of it and of all who perform it after him without diminishing their own rewards in the slightest. And he who introduces a bad sunna is guilty of the sin of it and of all who perform it after him without diminishing their own sins in the slightest."</p> <p>[Sahih Muslim]</p>
<p>#55 Make Abundant Dhikr of Allah</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"There are no people who remember Allah without the angels surrounding them, mercy covering them, tranquillity descending on them, and Allah mentioning them to those who are with Him."</p> <p>[Muslim, at-Tirmidhi]</p>	<p>#56 Do Something to Increase Your Love for the Prophet</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"None of you will believe until he loves me more than his father, his children and all people."</p> <p>[Sahih Al Bukhari]</p>

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<p>#57 Make Contact with a Family Member You Have Not Spoken to in a While</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Whoever would like for Allâh to increase his income and lengthen his span of life, let him keep family connections."</p> <p>[Narrated from Anas by al-Bukhârî, Muslim, Abû Dâwûd, and Ahmad in his Musnad]</p>	<p>#58 Recite the Following When Going Up or Down Stairs, Elevators, Escalators, Lifts etc</p> <p>Ibn 'Umar said,</p> <p>"When the Prophet (may Allah bless him and grant him peace) and his armies went up a hill, they used to say the takbir (Allahu Akbar) and when they went down one, they said, 'Glory be to Allah' (Subhan Allah)."</p> <p>[Abu Dawud]</p>
<p>#59 Make a Special Prayer for Your Fellow Muslim</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"The prayer of Muslim for his Muslim brother in his absence will be answered. As long as he prays for the good of his brother, there is an angel assigned near his head who says: Amen, and may the same be for you."</p> <p>[Sahih Muslim]</p>	<p>#60 Pray the Duha Prayer After Sunrise</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Whoever adheres to the Duha prayer shall have his sins forgiven, even if they are like the foam of the sea."</p> <p>[Tirmidhi]</p>
<p># 61 Learn a Short Dua from the Daily Duas and Adhkars</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said that:</p> <p>"Supplication is worship itself."</p> <p>[Abu Dawud, Tirmidhi]</p>	<p>#62 Think of a Wrong Action that You Did and Follow it up with a Good Action</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Fear Allah wherever you are and follow up an evil action with a good action which will wipe it out. Treat people well."</p> <p>[at-Tirmidhi]</p>
<p>#63 Complete an Act of Kindness</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Allah is kind and loves kindness in every matter."</p> <p>[Agreed upon – Riyadh As Salihin]</p>	<p>#64 Wash Your Hands Before and After Eating</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"The blessing of food consists in ablution before it and ablution after it."</p> <p>[Abu Dawud]</p>



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<p>#65 Initiate a Deed that is Small but can be done Consistently</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Do good deeds properly, sincerely and moderately and know that your deeds will not make you enter Paradise, and that the most beloved deed to Allah is the most regular and constant even though it were little."</p> <p>[Sahih Al-Bukhari]</p>	<p>#66 Use Less Water to Complete Your Wudu</p> <p>Abdullah ibn Amr reported:</p> <p>The Messenger of Allah, peace and blessings be upon him, passed by Sa'd while he was performing ablution. The Prophet said, "What is this extravagance?" Sa'd said, "Is there extravagance with water in ablution?" The Prophet said, "Yes, even if you were on the banks of a flowing river."</p> <p>[Sunan Ibn Mājah 425]</p>
<p>#67 Learn and Memorise a Short Hadith of the Prophet</p> <p>The Messenger of Allah (peace and blessings of Allah be upon him) said,</p> <p>"May Allah bless a man who hears a hadith from us and memorizes it so that he can convey it to others, for perhaps he is conveying it to one who will understand it better than him, and perhaps the one who conveys knowledge does not understand it himself."</p> <p>[al-Tirmidhi, 2656; also narrated by Abu Dawood. 3660; Ibn Majah, 230]</p>	<p>#68 Make Good Use of Your Time and Make it Productive</p> <p>'By Time! Verily man is in [a state of] loss, except those who believe, and perform righteous deeds, and enjoin one another to [follow] the truth, and enjoin one another to patience.'</p> <p>[Qur'an 103]</p>
<p>#69 Donate Towards the Planting of a Tree</p> <p>The Messenger of Allah (sal Allahu alaihi wa sallam) said,</p> <p>"When a Muslim plants a tree, whatever is eaten from it is charity from him and whatever is stolen is charity and whatever is subtracted from it is charity."</p> <p>[Sahih Muslim]</p>	<p>#70 Make a Start on a New Book to Read</p> <p>'Read with the name of your Lord who created (every thing), He created man from a clot of blood. Read, and your Lord is the most gracious, who imparted knowledge by means of the pen. He taught man what he did not know.'</p> <p>[Qur'an 96:1-5]</p>
<p>#71 Pray the Night Prayer (Tahajjud)</p> <p>The Messenger of Allah (peace and blessings of Allah be upon him) say,</p> <p>"The best prayer after the obligatory prayers is the night prayer."</p> <p>[Muslim]</p>	<p># 72 Show Gratitude for the Many Blessings in Your Life</p> <p>'And when your Lord proclaimed: "If you are thankful, then assuredly I shall give you more; but if you are thankless, My chastisement is indeed severe."'</p> <p>[Qur'an 14:7]</p>

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<p>#73 Do Something to Tame Your Nafs</p> <p>The Messenger of Allah, peace and blessings be upon him, said,</p> <p>"The one who strives in jihād in the way of Allah is he who strives against his soul."</p> <p>[ Sunan al-Tirmidhī 1621]</p> <p>E.g Give up for a day something that you really enjoy. Or give away in charity something that you really love.</p>	<p>#74 Complete a Nafl Fast</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"No slave fasts one day in the way of Allah without Allah putting his face seventy years' journey away from the Fire on account of that day."</p> <p>[Agreed upon - Taken from Riyadh As-Salihin]</p>
<p>#75 Polish the Heart with the Remembrance of Allah</p> <p>Rabia reported:</p> <p>Abu Darda, may Allah be pleased with him, said, "Verily, everything has a polish and the polish of the heart is the remembrance of Allah the Exalted."</p> <p>[Shu'ab al-Imān 503]</p>	<p>#76 Remember Death Often</p> <p>The Messenger of Allah, peace and blessings be upon him, said:</p> <p>"Remember often the destroyer of pleasures," by which he meant death.</p> <p>[Sunan ibn Majah]</p>
<p>#77 Make the Intention to Complete a Good Action</p> <p>The Messenger of Allah, peace and blessings be upon him, related from his Lord the Blessed and Exalted,</p> <p>"Verily, Allah has recorded good and bad deeds and he made them clear. Whoever intends to perform a good deed but does not do it, then Allah will record it as a complete good deed. If he intends to do it and does so, then Allah the Exalted will record it as ten good deeds up to seven hundred times as much or even more. If he intends to do a bad deed and does not do it, then Allah will record for him one complete good deed. If he does it, then Allah will record for him a single bad deed."</p> <p>[Ṣaḥīḥ al-Bukhārī 6126, Ṣaḥīḥ Muslim 131]</p>	<p>#78 Make the Best Use of One of the Five Blessings in Life</p> <p>The Prophet Muhammad (peace and blessings be upon him) said:</p> <p>"Take benefit of five before five: Your youth before your old age, your health before your sickness, your wealth before your poverty, your free time before you are preoccupied, and your life before your death"</p> <p>[Narrated by Ibn Abbas and reported by Al Hakim]</p>

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<p>#79 Support / Sponsor / Promote a Project that Helps Animals</p> <p>The Messenger of God (peace and blessings be upon him) said:</p> <p>"Once a man was walking along a road and became very thirsty. He found a well, climbed down into it and drank. When he came out, he saw a dog driven by thirst to eat mud. He said, 'This dog has reached the same extreme of thirst that I had reached.' So he climbed back down the well, filled his leather sock with water and, holding it between his teeth, climbed back up and let the dog drink. Allah thanked him for that and forgave him." They said, "Messenger of Allah, do we then receive a reward on account of animals?" He said, "There is a reward for every live animal [lit. everything with a moist liver]."</p> <p>[Taken from Imam An-Nawawi's Riyad As-Salihin]</p>	<p>#80 Pray all of your Prayers on Time</p> <p>'So perform the prayer. Verily, the prayer is enjoined on the believers at fixed hours.'</p> <p>[Qur'an 4:103]</p>
<p>#81 Be Vigilant and Careful When Going to the Toilet</p> <p>Ibn Abbas (Allah be pleased with him) narrates:</p> <p>"The Messenger of Allah (Allah bless him &amp; give him peace) once passed by two graves and said: "They (in the grave) are being punished not for a great thing to avoid" Then he added: "Yes, (they are being punished for a great sin), for one of them used to go about with calumnies (Slander) while the other never saved himself from the splashes of urine" Ibn Abbas said: "Then he (Sallallahu Alayhi Wasallam) took a green leaf and split it into two pieces, then placed one piece on each of the two graves and said: "Their punishment may decrease until these two pieces become dry"</p> <p>[Sahih al-Bukhari, no. 1312]</p>	<p>#82 Give Da'wah and Nasihah to a Family Member</p> <p>'O you who believe, save yourselves and your families from a fire, the fuel of which is human beings and stones, appointed on which are angels, stern and severe, who do not disobey Allah in what He orders them, and do whatever they are ordered to do.'</p> <p>[Qur'an 66:6]</p>
<p>#83 Find a Dhikr that is easy on your tongue and recite it Constantly</p> <p>'O you who believe! Remember Allah with much remembrance.'</p> <p>[Qur'an 33:41]</p>	<p>#84 Do Something Nice for Your Neighbour</p> <p>Ibn 'Umar reported that the Messenger of Allah, may Allah bless him and grant him peace, said,</p> <p>"Jibril kept on recommending that I treat my neighbours well until I thought that he would order me to treat them as my heirs."</p> <p>[Bukhari – Adab Al Mufrad]</p>

## Box of Good Deeds

<p>#85 Recite the Following Dhikr throughout the Day</p> <p>Juwairiyah bint Al-Harith (May Allah be pleased with her), the Mother of the Believers, reported:</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the forenoon and found me sitting there. The Messenger of Allah (may Allah bless him and grant him peace) said, "Are you still in the same position as I left you." I replied in the affirmative. Thereupon the Prophet said, "I recited four words three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are: Allah is free from imperfection and I begin with His praise, as many times as the number of His creatures, in accordance with His Good Pleasure, equal to the weight of His Throne and equal to the ink that may be used in recording the words [for His Praise (Subhan-Allahi wa bihamdihi, `adada khalqihi, wa rida nafsihi, wa zinatah `arshihi, wa midada kalimatih)]"</p> <p>[Muslim]</p>	<p>#86 Visit a Fellow Brother / Sister</p> <p>Abu Hurayra reported that the Prophet, may Allah bless him and grant him peace, said,</p> <p>"When a man visits his brothers, Allah tells him, 'You have been good and your evening will be good and you can take your place in the Garden.'"</p> <p>[Bukhari – Adab Al Mufrad]</p>
<p>#87 Avoid Getting Angry</p> <p>Abu Hurayra reported that the Messenger of Allah, may Allah bless him and grant him peace, said,</p> <p>"The person who is strong is not strong because he can knock people down. The person who is strong is the one who controls himself when he is angry."</p> <p>[Bukhari – Adab Al Mufrad]</p>	<p>#88 Take a Stand for a Just Cause</p> <p>On the authority of Abu Saeed Al-Khurdari, who said: I heard the messenger of Allah say:</p> <p>"Whosoever of you sees an evil action, let him change it with his hand; and if he is not able to do so, then with his tongue; and if he is not able to do so, then with his heart; and that is the weakest of faith."</p> <p>[Related by Muslim]</p>
<p>#89 Increase in your Voluntary Worship</p> <p>On the authority of Abu Hurairah, who said: the messenger of Allah said: Allah the Almighty has said:</p> <p>"Who soever shows enmity to a friend of Mine, I shall be at war with him. My servant does not draw near to Me with anything more loved by Me than the religious duties I have imposed upon him, and My servant continues to draw near to Me with supererogatory works so that I shall love him. When I love him I am his hearing with which he hears, his seeing with which he sees, his hand with which he strikes, and his foot with which he walks. Were he to ask [something] of Me, I would surely give it to him and were he to ask Me for refuge, I would surely grant him it."</p> <p>[Related by Bukhari]</p>	<p>#90 Have a Meat Free Day in Your Diet</p> <p>Yahya related to me from Malik from Yahya ibn Said that Umar ibn al-Khattab said,</p> <p>"Beware of meat. It has addictiveness like the addictiveness of wine."</p> <p>[Muwatta]</p>

## Box of Good Deeds

<p>#91 Limit Excessive Communication (including social media) and replace with Dhikr of Allah</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said,</p> <p>"Do not indulge in excessive talk except when remembering Allah. Excessive talking without the Remembrance of Allah hardens the heart; and those who are the farthest from Allah are those whose hearts are hard."</p> <p>[At-Tirmidhi]</p>	<p>#92 Look at Those Who are Lower and Show Gratitude for Your Blessings</p> <p>The Messenger of Allah (May Allah bless him and grant him peace) said,</p> <p>"Look at those who are lower than you (financially) but do not look at those who are higher than you, lest you belittle the favors Allah conferred upon you." Agreed upon.</p> <p>[Bulugh Al-Maram]</p>
<p>#93 Stand for a Lengthy Period in Your Prayers</p> <p>Jabir bin Abdilllah narrates that the Prophet (peace and blessings be upon him) was asked "which Salah is the best?" He replied: "Standing for lengthy periods."</p> <p>[Muslim]</p>	<p>#94 Help in the Cleaning of Your Local Masjid</p> <p>Ibn Abbas narrates that there was a woman who used to pick up the dirt from the Masjid. She passed away and the Prophet (peace and blessings be upon him) was informed of her burial. The Prophet (peace and blessings be upon him) said: "When any person passes away, inform me." He prayed over her and said: "I have seen her in Paradise on account of her picking up the dirt from the Masjid."</p> <p>[Tabarani]</p>
<p>#95 Perform 'Isha and Fajr Prayers in Congregation</p> <p>Abu Dharr (RA) narrated that a group of the Companions came to the Prophet (May Allah bless him and grant him peace), and said,</p> <p>"O Messenger of Allah, the wealthy people will have higher grades and will have permanent enjoyment and they pray like us and fast as we do. They have more money, which they give in charity." The Prophet (May Allah bless him and grant him peace), replied: "Has Allah not rendered for you the 'Isha prayer in congregation equal to Hajj, and the Fajr prayer in congregation equal to 'Umrah?"</p> <p>[Muslim]</p>	<p>#96 Show Kindness In Your Daily Interactions</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"Allah is kind and loves kindness in every matter."</p> <p>[Agreed upon – Riyadh As Salihin]</p>
<p>#97 Think Well of Allah and Make Much Mention of Him</p> <p>The Prophet (may Allah bless him and grant him peace) said that Allah Most High said:</p> <p>"I am as My servant thinks of Me and I sit with him when he remembers Me. If he mentions Me in himself I mention him in Myself. If he mentions Me in a gathering I mention him in a better gathering."</p> <p>[Al-Bukhari, Muslim, al-Tirmidhi, Ibn Majah, and Ahmad]</p>	<p>#98 Attend a Dars / Halaqa / Class in the Masjid</p> <p>The Prophet (may Allah bless him and grant him peace) said:</p> <p>"Whoever goes to the mosque not desiring except to learn or teach what is good has the reward of a pilgrim who completed his Hajj."</p> <p>[Tabarani]</p>

## Box of Good Deeds

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<p>#99 Bring a Smile to the Face of a fellow Muslim</p> <p>The Messenger of Allah (may Allah bless him and grant him peace) said:</p> <p>"After obligatory rites, the action most beloved to Allah is delighting other Muslims."</p> <p>[At-Tabarani]</p>	<p>I have left it at 99 because we like to do things in odd numbers. 'Verily, Allah is Odd (He is one, and it is an odd number) and He loves odd number. [Sahih Muslim]</p>
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### Instructions

1. Pick up a folded paper from the box below
2. Read and make a note of the Good Deed specified
3. Fold and return the paper to the box
4. Carry out the good deed within 24 hours
5. Complete the above steps when you next pass by the 'Box of Good Deeds'